

Thomas P. Le, Ph.D.

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Education

2023 **University of Maryland**, College Park, MD
 Ph.D. in Counseling Psychology

2022-2023 **Cambridge Health Alliance/Harva** **O**

44. Kang, N.,* **Le, T.P.**, & Risco, C.M. (in press). Asian Americans' childhood emotional abuse, emotional neglect, and hazardous alcohol use: Resilience as moderator. *American Journal of Orthopsychiatry*.
43. Teran, M.+ & **Le, T.P.** (in press). Parental racial-ethnic bias preparation, ethnic identity, and psychological distress in Latinx young adults. *Journal of Latinx Psychology*.
42. Phan, P.Q.,* & **Le, T.P.** (in press). Sexual racism and queer Asian American men's depression and hazardous drinking. *Journal of Homosexuality*.
41. **Le, T.P.**, Chan, A.,+ Ahn, L.H. (in press). Love isn't colorblind: The role of racial bias in the relationship between sexual orientation and mental health. *Journal of Homosexuality*.

19. Yang, N., Jankauskaite, G.,[†] Gerstenblith, J.A.,[†] Hillman, J.,[†] Wang, R.J.,[†] **Le, T.P.**,[†] & Hill, C. E. (2023). Counseling psychology doctoral students' experiences of authenticity: A collaborative autoethnography.

8. **Le, T.P.**, Iwamoto, D.K. & Burke, L.A.* (2021). A longitudinal investigation of racial discrimination, distress intolerance, and psychological well-being in African American college students. *Journal of Clinical Psychology*, 77, 745-754.
7. **Le, T.P.**, Pekosz, M.* & Iwamoto, D.K. (2020). Masculine norms and college men's rape myth acceptance: the mediating role of nurturance. *Psychology of Men & Masculinities*, 21(4), 665-674.
6. **Le, T.P.**, Kuo, L.* & Yamasaki, V.* (2020). Gendered racial microaggressions, feminism, and Asian American women's eating pathology: An intersectional investigation. *Sex Roles*, 83(3-4), 127-142.
5. Kaya, A., **Le, T.P.**, Brady, J., & Iwamoto, D.K. (2020). Men who intervene to prevent sexual assault: A grounded theory study on the role of masculinity in bystander intervention. *Psychology of Men & Masculinities*, 21(3), 463-478.
4. **Le, T.P.** & Iwamoto, D.K. (2019). A longitudinal investigation of racial discrimination, drinking to cope, and alcohol-related problems among underage Asian American college students. *Psychology of Addictive Behaviors*, 33(6), 520-528.
3. Iwamoto, D.K., **Le, T.P.**, Brady, J., & Kaya, A. (2019). Distinct classes of binge drinking and alcohol-related problems among Asian American young adults. *American Journal of Orthopsychiatry*, 89(5), 549-558.
2. **Le, T.P.** & Raposa E.B. (2019). The role of enculturation and acculturation in Asian and European American college students' daily social stress and support. *Asian American Journal of Psychology*, 10(1), 11-21.
1. **Le, T.P.** (2019). The association of conformity to feminine norms with women's food consumption after a negative mood induction. *Appetite*, 133, 123-129.

Book Chapters

3. Felipe, L., Estrellado, J.E., Pease, M.V., & **Le, T.P.** (in preparation). Queerness and intersectionality as praxis. In L. Felipe, J.E. Estrellado, A. Breen, & G.N. Rider (Eds.), *Queer Asian Americans: A practitioner's guide for working with LGBTQ+ Asian American communities*. Cognella.
2. Chan, A.,⁺ Kawamura, K. & **Le, T.P.** (under review). Asian American body image. Tewari, N., Alvarez, A.N., & Fu, M. (2nd ed.). *Asian American psychology: Current perspectives*. Routledge/Taylor & Francis Group.
1. **Le, T.P.**, & Pease, M.* (in press). LGBTQ+ Asian Body Image, U.S. and Globally. H-L. Cheng & Y. Tsong (Eds.). *Body Image and the Asian experience: Asians, Asian Americans, and Asian diasporas across the globe*. Elsevier.

Selected Conference Presentations

52. Phan, P.* & **Le, T.P.**, (2024, November). *Geosocial networking app use and queer Asian American men's sexual risk behavior: Sexual racism and internalized racism as serial mediators*. Poster to be presented at the 58th Annual Association of Behavioral and Cognitive Therapies Convention. Philadelphia, PA.

51. Chen, C.* & Le, T.M (2024, October). *Gendered racial microaggressions and Asian American women's body appreciation: An intersectional investigation*. Poster to be presented at the 2024 Asian

30. Pease, M.*, **Le, T.P.**, & Iwamoto, D. K. (2021, August). *Minority stress and transgender young adult mental health: The mediating role of gender dysphoria and emotion dysregulation with implications in the COVID-19 era*. Poster virtually at the 129th Annual Convention of the American Psychological Association.
29. **Le, T. P.**, Pease, M.,* & Chijioke, S.* (2021, August). *Men's preference for a masculine beverage: Examining masculinity threat, drive for muscularity, and body appreciation as predictors*. Poster presented virtually at the 129th Annual Convention of the American Psychological Association.
28. Yang, N., Jankauskaite, G.,[†] Gerstenblith, J.A.,[†] Hillman, J.,[†] Wang, R.J.,[†] **Le, T.P.**,[†] & Hill, C. E. (2021, August). *Authenticity in Counseling Psychology doctoral students: Facilitating and hindering forces*. Poster presented virtually at the 129th Annual Convention of the American Psychological Association.
[†]indicates equal contribution to manuscript
27. **Le, T.P.**, Hsu, T., & Raposa, E.B. (2021, January). *Effects of natural mentoring relationships on college students' mental health: The role of emotion regulation*. Research panel presentation delivered virtually at the 11th Annual National Mentoring Summit.
26. **Le, T.P.**, & Forestell, C.A. (2020, November). *Unpacking the association between conformity to feminine norms and disordered eating: Restrained and emotional eating as mediators*. Poster presented virtually at the 54th Association for Behavioral and Cognitive Therapies Annual Convention.
25. Obleada, K.T., Chae, S.W., **Le, T.P.**, & Vitousek, K.M. (2020, November). *Reliability and validity of the perceived Asian and western media appearance pressure scales: A Chinese developed measure*. Poster presented virtually at the 54th

Association of Behavioral and Cognitive Therapies Student Travel Award, awarded for symposium project on Asian Americans' positive body image, 2022 (\$500).

Scholar, NIAAA Grant: Preparing Trainees from Diverse Backgrounds for Alcohol Research Careers (R25AA028464, Flanagan, PI), 2021-2023, Mentor: Robert Miranda Jr., Ph.D.

Dean's Fellowship, University of Maryland, 2022 (\$2,500).

Distinguished Student Scholar Recognition Award on Research, Equity, and Social Justice, Society of Addiction Psychology American Psychological Association Division 50, 2021 (\$250).

Dean's Fellowship, University of Maryland, 2021-2022 (\$25,000).

Dean's Fellowship, University of Maryland, 2021 (\$2,500).

UMD BSOS Excellence in Teaching Award, awarded to one teaching assistant across all behavioral and social sciences, 2021 (\$1,000).

Michael J. Pelczar Award for Excellence in Graduate Study, awarded to two doctoral candidates across all UMD doctoral programs, 2021 (\$2,500).

Outstanding Dedication to Social Justice and Liberation in Counseling Psychology Award, Student Affiliates of Seventeen American Psychological Association Division 17, 2021 (\$100).

Asian American Psychological Association Division on Students Research Award, 2021 (\$500).

Student Convention Award, Asian American Psychological Association Conference, 2021 (\$43.55).

Outstanding Graduate Student Teaching Assistant Award, awarded to top 2% of graduate students at UMD, 2020-2021 (\$417.50).

Graduate Summer Research Fellowship, University of Maryland, 2020 (\$5,000).

Rising Organizers Community Organizing Fellowship, Spring 2020.

Student Travel Award, Asian American Psychological Association Conference, San Diego, CA, 2019 (\$150).

NIAAA Travel Award, American Psychological Association Conference, Chicago, IL, 2019 (\$750).

Jacob K Goldhaber Travel Award, University of Maryland, 2018 (\$400).

Dean's Fellowship, University of Maryland, 2018 (\$2,500).

Honorable Mention, NSF Graduate Research Fellowship Program, 2018.

NIAAA Travel Award, American Psychological Association Conference, San Francisco, CA, 2018 (\$750).

Asian American Psychological Association Graduate Institute Leadership Fellow, 2017 (\$500).

Dean's Fellowship, University of Maryland, 2017-2021 (\$17,500).

Travel Award, University of Maryland, 2017

Sara Mayungo, undergraduate research assistant: 2024

Undergraduate Research Students supervised at the University of Maryland

Naru Kang, Summer 2020 – Winter 2023
Eunice Braimoh, Fall 2020 – Spring 2022
Lily Jin, Fall 2020 – Spring 2022
M Pease, Summer 2019 – Spring 2022
Anika Samee, Fall 2019 – Winter 2021
Sandra Chijioke, Summer 2019 – Spring 2021
Lindsey Burke, Fall 2018 – Spring 2021
Benjamin Bradshaw, Fall 2019 – Winter 2020
Linda Kuo, Fall 2017 – Spring 2020
Madeleine Pekosz, Fall 2017 – Spring 2020
Simone Perez-Garcia, Fall 2018 – Winter 2019
Vic Yamasaki, Fall 2017 – Spring 2019
Angel Tse, Summer 2018
Torina Hawkins, Spring 2018 – Summer 2018

Undergraduate Research Students supervised at other institutions

Phúc Phan, University of Florida (2023 – present)

Graduate Students informally mentored and supervised on research projects

Aimee Chan, Clark University (2023 – present)
M Pease, University of Maryland (2022 – present)
Manuel Teran Hernandez, University of Maryland

Behavioral Health Therapist, Whitman-Walker Health, August 2019 – May 2021.

Supervisors: Dr. Rashanta Bledman, Dr. Jeff DiNardo, Kris Oseth, LPC, Dorin Captari-Scirri, LSW, Nicole Armstead-Williams, LICSW m

Responsibilities included providing individual therapy to a caseload of 7-10 clients per week with a range of diagnoses including bipolar disorder, post-traumatic stress disorder, and major depressive disorder in a culturally-sensitive framework that honors clients' unique social identities and the systems of oppression that affect their lives, co-facilitating therapy groups including Dialectical Behavioral Therapy (DBT) Skills Group, Harm Reduction for Substance Use, and Transpectrum, a therapy group for transgender and gender-expansive individuals, and consulting with psn im lh

Supervisors: Dr. Clara Hill, Glenn Ireland, M.S.

Responsibilities included providing individual, evidence-based counseling to one university undergraduate student (e.g. trauma, emotion regulation, relational concerns).

Volunteer, Eastern State Hospital, June 2015 – December 2015.

Responsibilities included providing regular socialization for patients with a wide range of diagnoses.

Volunteer, Northern Virginia Mental Health Institute, May 2014 – May 2015.

Responsibilities included interacting and engaging with patients possessing varying diagnoses in conversation and entertainment.

University/Community Service

Major Advisor, Department of Psychology, Bryn Mawr College, Fall 2023 – onward.

Responsibilities include executing declaration meetings with class of 2026 Psychology majors and guiding students through the Psychology major program.

Cofacilitator, Rainbow Reading Room, William Way LGBT Community Center, Philadelphia PA, Fall 2023 – onward.

Speaker, Psychology Colloquium Series, Department of Psychology, Bryn Mawr College, Fall 2023 – onward.

Search Committee Member, Assistant Professor in Computational Neuroscience, Department of Psychology, Bryn Mawr College, Spring 2024.

Search Committee Member, Assistant or Associate Professor in Cultural Psychology, Department of Psychology, Bryn Mawr College, Fall 2023.

Panelist, Enhancing Diversity in Alcohol Research Series, Medical University of South Carolina, Fall 2023.

Graduate Student Officer, Clinical Psychology at Liberal Arts Colleges Special Interest Group of the Association of Behavioral and Cognitive Therapies, November 2018 – November 2020.

Responsibilities included taking the initiative to launch independent projects related to promoting evidence-based teaching, research, and clinical practices, which included spearheading the creation of a webinar about attaining and holding a liberal arts academic job, as well as incorporating additional resources about inclusive and anti-racist research student mentorship on the organization's website.

Secretary of Division of Students Executive Committee, Asian American Psychological Association (AAPA), September 2018 – August 2020.

Responsibilities included spearheading projects designed to empower student members of AAPA to strengthen their clinical, academic, and activist work such as a webinar series on pertinent social justice related topics, organizing and recording notes for executive committee meetings, and reviewing applications for the 2019 Graduate Leadership Institute.

President of Diversity Committee, UMD Counseling Psychology Dept., Aug 2017 – May 2022.

Responsibilities included leading social justice and diversity efforts within the UMD Counseling Psychology department, facilitating monthly discussions surrounding various social justice topics

(e.g., power and oppression, strategies for activism, etc.) as part of the Social Justice Brownbag program, advertising brownbag discussions to faculty and students within the department, and writing grants to obtain funding to maintain the discussions. Also facilitated 1-10 outreach events per semester to broader UMD and Washington D.C. community on topics related to Asian American mental health and social justice engagement.

President of Mental Health Branch, W&M Health Outreach Peer Educators, May 2014 – May 2017. Responsibilities included writing and presenting programs to W&M students on eating disorders and body image, minority mental health, positive psychology and resilience, suicidality, and other mental health topics, leading and organizing a team of fellow BACCHUS Certified Peer Educators, structuring campus events with over 100+ student turnouts, and collaborating with other student organizations to promote mental health.

Student Advisor, W&M Counseling Center Advisory Council, May 2014 – May 2017. Responsibilities included promoting mental health and counseling services to faculty and students, spearheading mental health outreach projects within the William & Mary community, and working with faculty to create a more healthful campus for at-risk students.

WB11 – Adult Psychopathology (Summer 2020, Summer 2019, Summer 2018).
ers and transferred course content to online format. Met with students to address
out course content and professional development.

- Basic Helping Skills: Research and Practice (Fall 2018). Led three lab sections
led providing lectures, guiding discussions, and facilitating practice of helping
therapeutic context. Graded papers, exams, and homework. Met with students to
cerns about course content.

- Multicultural Psychology in the United States (Spring 2020, Spring 2019, Fall
ents guest lectures on theories of masculinity and Asian American mental health
del minority myth. Grades homework and essays. Meets with students to address
out course content.

WB11 – Counseling Psychology: Theories, Research, and Practice (Winter 2020).
ms, papers, and homework. Met with students during online office hours to
cerns about course content.

of Diversity and Inclusion, August 2018 – Fall 2021.

cluded co-instructing a seven-week course with groups of 10-20 students across
ity groups to discuss elements of identity within a social justice framework, as
f Engagement Intergroup Dialogue Program (WEIDP), which aims to complicate
e are, what we know about each other, and how cultural systems of power impact
onships.

- Dialogue on Religion and Spirituality (Fall 2018, Fall 2021)

EDHI3380 – Dialogue on Gender (Spring 2019, Spring 2020)

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Consulting editor, *Health Psychology* (2025-)
Consulting editor, *Professional Psychology: Research & Practice* (2025-)
Consulting editor, *Psychology of Addictive Behaviors* (2025-)
Consulting editor, *Psychology of Men and Masculinities* (2025-)
Consulting editor, *Social Issues and Policy Review* (2024-)

Reviewing for academic journals:

Addictive Behaviors [9], *Alcohol: Clinical and Experimental Research* [1], *Appetite* [1], *Asian American Journal of Psychology* [1], *Body Image* [4], *Cultural Diversity and Ethnic Minority Psychology* [2], *Current Psychology* [28], *Drug and Alcohol Dependence* [2], *Ethics, Medicine and Public Health* [2], *Frontiers in Public Health* [1], *International Journal of Psychology* [1], *Journal of Eating Disorders* [2], *Journal of Gay & Lesbian Mental Health* [2], *Journal of Homosexuality* [1], *Journal of Humanities and Applied Social Sciences* [1], *Journal of Sex Research* [1], *Journal of Social and Personal Relationships* [1], *Journal of Studies on Alcohol and Drugs* [1], *Journal of Workplace Behavioral Health* [1], *Men and Masculinities* [1], *Occupational and Environmental Medicine* [1], *Psychology of Sexual Orientation and Gender Diversity* [2], *Sex Roles* [3], *Sexual and Gender Diversity in Social Sciences* [3], *Social and Personality Psychology Compass* [1], *Social Issues and Policy Review* [3], *Social Science & Medicine* [1], *Sociology Compass* [4], *Stigma and Health* [3], *Substance Use and Misuse* [2], *Translational Issues in Psychological Science* [7]

Reviewing for publishing companies:

Palgrave Macmillan (2024, book proposal on about intersectional health activism for LGBTQ+ people of color)

Grant reviewing:

APA APAGS Psychological Science Research Grant (PSRG), 2020

Conference reviewing:

Poster Reviewer for Asian American Psychological Association conference (2021, 2022)